



Hackney Community Services

Marie Lloyd Resource Centre



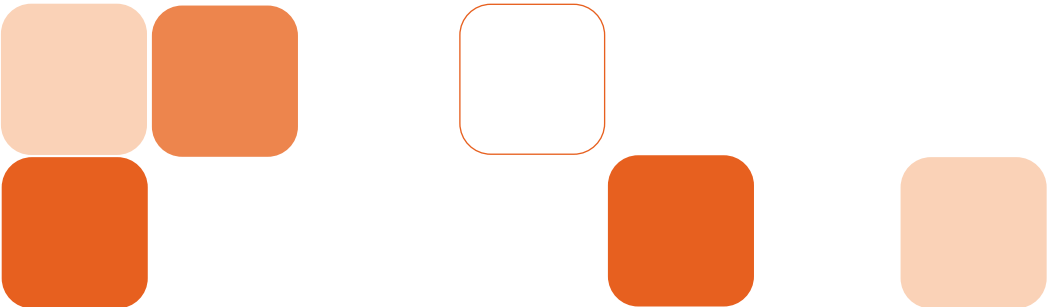
INVESTOR IN PEOPLE

 **Hackney**

Marie Lloyd Resource Centre

We aim to support disabled and frail older people (aged 60 and over) to stay independent and continue to live in their home. We provide a range of interesting activities to improve your physical and emotional wellbeing. We offer a high level of support.

We develop and improve programmes with you in mind, to improve your physical ability, self-esteem, behaviour and attitude. We also support you with your social skills. We will continually assess you. Every six months, we will hold meetings with you, your family, your carer, your care manager and other care professionals who are involved with your care.



How can I apply?

Step one

Phone Assessment & Care Management (A&CM) on 020 8356 5045, who will come and see you to assess your needs.

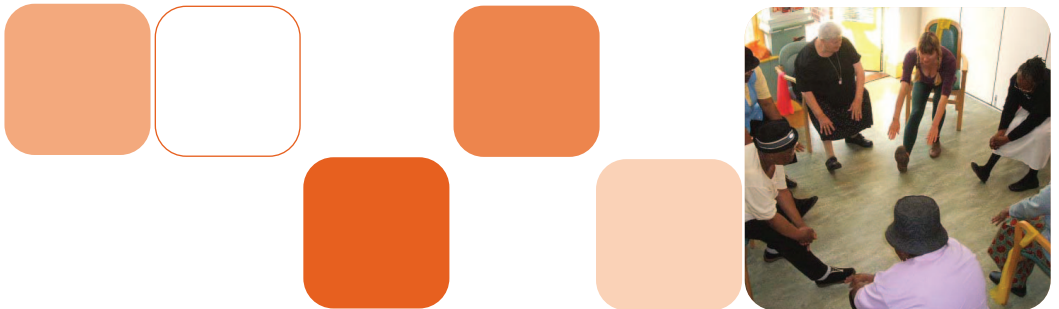
All our referrals come to us from A&CM. If you are referred to us direct, we will pass your referral to A&CM.

Step two

If Assessment & Care Management (A&CM) agree, we will offer you a place. We will write to you and your carer to tell you the days a place is available. We can arrange for you and your carer to visit the centre before you start.

Step three

You will be given a key worker, who will work closely with you, to make sure the activities identified in your care plan are provided. The care plan sets out your interests and ability. We will review your care plan every six months, to make sure we are still meeting your needs. We will monitor your progress to review any changes and to make sure we are still meeting your needs.

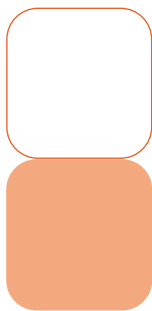


The activities you can take part in at the centre depend on your needs, as set out in your care plan.



The activities may include the following.

- ✓ Craft and art groups
- ✓ Music and movement
- ✓ Exercise sitting down
- ✓ Relaxation
- ✓ Healthy living
- ✓ Rehabilitation programmes (as set out in your care plan)
- ✓ Keeping well groups (for people who have had a stroke)
- ✓ Massage
- ✓ Word games, board games and musical quizzes
- ✓ General knowledge quiz
- ✓ Bingo
- ✓ Outings



You can find more activities in our day services information pack. If you want a copy of the information pack, please phone the centre on 020 7923 7720 or phone A&CM on 020 8356 5045.

Opening times

We are open from 9am to 5pm, Monday to Friday. How often you come to the centre depends on needs and circumstances. You must tell us if you cannot come to the centre on the day we expect you.

Going home

If you have a disability, we will arrange for a home carer to meet you when you arrive home.

Meals

We provide a wide range of ready-cooked meals. Our menus are healthy and meet different dietary and cultural needs. For example, we provide meals for people who are diabetic and meals for people from different ethnic and cultural



General information

backgrounds (such as European, Kosher, Halal and Caribbean meals). You can order hot or cold drinks and biscuits. You can also buy meals to take home, if you cannot prepare your own meals.

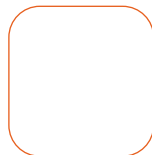


We charge £3.20 a day for meals. (This was correct in 2007/2008, but may change in the future).

Transport

We can arrange transport for you to the centre. We have a dedicated team. All our staff are fully trained to work with frail and vulnerable older people. They will come and collect you and check that you have your keys to lock up and to get back in when you return home. Our transport will take wheelchairs.

You are responsible for all jewellery and valuables you have with you at the centre.



You can phone or write to us at:

Marie Lloyd Resource Centre
329 Queensbridge Road

London

E8 3LA

Phone: 020 7923 7720

Fax: 020 7241 6899



