



Volunteers needed

Would you like to make the lives of older people happier and healthier? Would you like to help older people become more active and independent?

Volunteers can help through:

- Home visits
- Telephone befriending
- Wheelchair service
- Accompanying to appointments and activities

We value our volunteers. In return you'll receive:

- Training
- Supervision
- Information

All volunteers are required to undertake a security check.

 For more information and to apply call the Hackney's Council Community Resource Team on **020 7275 7092** or email befriending@hackney.gov.uk

 **Hackney**