

People with drug and alcohol problems

Mr L's story

Mr L, 36, was lonely, scared and facing eviction when he first attended the Lifeline Project drop-in. After 15 years of using Class A drugs, he was at 'rock bottom' and estranged from his family. He had contemplated suicide. Mr L first admitted the extent of his drug problem to his housing worker who referred him to the DAAT Engagement and Move on Team (DEMO). The team visited Mr L at this home where they conducted a brief assessment before accompanying him to the Lifeline drop-in. Lifeline gave him a full assessment and assigned him to a key worker. Mr L was sceptical and scared of stopping but gradually he opened up and his key worker helped him develop new ways to cope. When he finally decided to stop, Mr L attended a day programme therapeutic group where he received support from peers who had also decided to 'get clean'. Mr L found the group welcoming and **made him feel less alone.**



He attended the group for three months before transferring to the **Aftercare and Counselling service which helps former drug users reintegrate into society.** Mr L still attends Narcotics Anonymous to prevent him slipping back into old habits. He also joined the Lifeline football team which has helped him combat isolation and rebuild his self esteem. Mr L said: **'Getting clean has been hard work, but having people there to support me is invaluable.'**

Drug and alcohol treatment (DAAT) services in Hackney

An estimated 3,249 dependent drinkers and around 2,009 people who use Class A substances live in Hackney. During 2012-2013, 1,848 people were in specialist, structured drug or alcohol treatment. 172 Hackney residents finished treatment free from their problematic substance while 100 completed alcohol treatment. A further 2,626 people received brief interventions including advice and counselling for drug and alcohol misuse.

[Hackney Council's Drug and Alcohol Action Team \(DAAT\)](#) commissions and coordinates drug and alcohol treatment services in the borough.

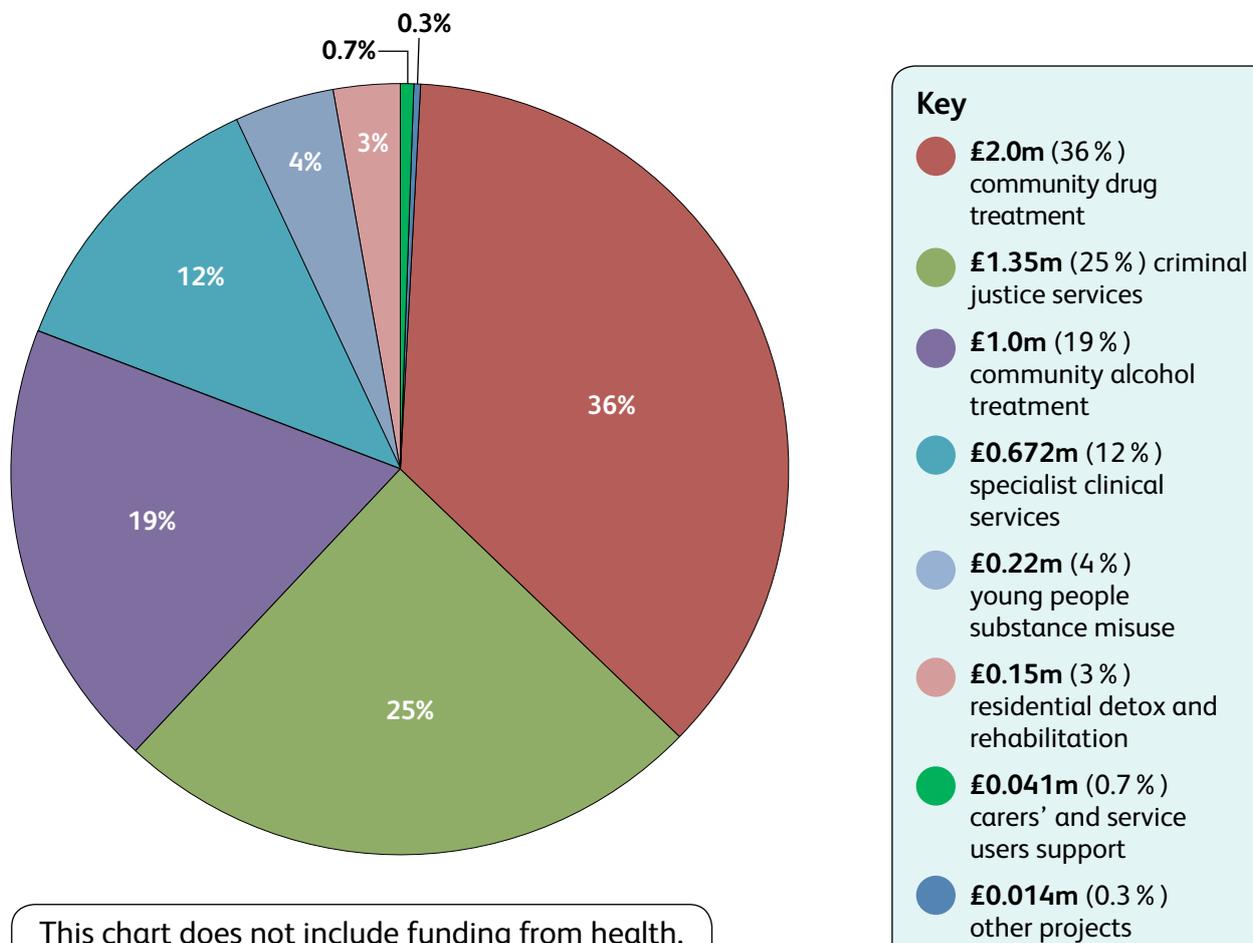
[Lifeline Hackney](#) is the main provider of Community Drug Services while [Alcohol Recovery Centre](#) is the first point of contact for advice and support on alcohol related issues. We also work with other partners including local health services.



Find out more about these services online at www.hackneydaat.org.uk

What we spent in 2012-13:

We spent a total of £5.45m helping 1,848 people with drug and alcohol problems in 2012-13. The costs for these services are not included in the pie chart shown in the Overview factsheet.



This chart does not include funding from health.



Plans

Below we have summarised what we did in 2012-13 and what we plan to do in 2013-14.

What you wanted...	Examples of what we did and what we plan to do...
More people successfully completing their treatment programmes drug and alcohol free	<ul style="list-style-type: none"> • We aim for a 14 % increase in people successfully completing treatment drug free from 2013-14 • We aim for a 26 % increase in people successfully completing alcohol treatment in 2013-14
Improve and join up health and social care services	<ul style="list-style-type: none"> • We have developed one stop drug and alcohol treatment facilities for Hackney service users, carers, families and communities affected by drug and alcohol misuse
Provide treatment options known to work and help people to complete their treatment	<ul style="list-style-type: none"> • Developed five projects including SMART 12 that supports people to recover and supports self-help groups such as Alcoholics Anonymous and Narcotics Anonymous • Provided specialist support to 350 people with crack/cocaine and other stimulant misuse • Funded two specialist midwives at the Homerton Hospital to provide support to pregnant women • Provided parenting support programmes and we will be launching MPACT (Moving Parents And Children Together) to support families affected by substance misuse
Widen the range of aftercare services	<ul style="list-style-type: none"> • 73 people received support, advice, training and employment • Opened housing and legal advice surgeries in our drop-in services working with Release • Develop volunteer and placement opportunities for local residents and service users who want training and employment
Reduce crime by providing faster access to support and treatment for addiction	<ul style="list-style-type: none"> • Hackney Drug Interventions Programme (DIP) provides support and treatment for drug offenders. In March 2013, Hackney had 86 % of drug offenders starting specialist treatment, a lot higher when compared to the rest of London (56 %)
Make it easier for vulnerable people with complex needs to access treatment and support	<ul style="list-style-type: none"> • We worked with the police and housing agencies to help over 230 street homeless and drug users get support, shelter and treatment
Improve support for women and families where there is more than one substance user	<ul style="list-style-type: none"> • We now offer Rape Crisis Support alongside our DAAT Women & Families and Domestic Violence Service • We have started a specialist parenting programme • We will continue to work with the specialist midwife for substance and alcohol misuse for women using drugs and alcohol during pregnancy

Helping to build self esteem in recovery

A group of Hackney residents recovering from alcohol and drug dependency helped to create two stunning, large scale mosaics commemorating the 2012 Olympic and Paralympic Games.

Leading mosaic artist Tessa Hunkin worked with 34 service users and 37 people from the wider community over nine months to produce the artworks for the History in the Making project

The group transformed an empty shop on Murray Street into a welcoming workshop and used more than 215,000 tiles to regenerate a run down part of Shepherdess Walk Park.

The project was the result of joint working between the Council's Culture and Parks services, Lifeline and Hackney's Drug and Alcohol Action Team.

Participants said the project gave them a sense of accomplishment and belonging they hadn't experienced for a long time and that it had helped them prepare for future work and training.

One former user said: 'I have something to be proud of that I can share with my friends and family. I do not want to use or think of using at all.'



Contact details and how to get a printed copy

 If you would like to receive a printed copy of a fact sheet or one in another language or alternative format, call **020 8356 3980**.

If you want to contact Adult Social Care to get help or find out more about the services available, call **020 8356 6262** or visit www.hackneyicare.org.uk