

Local Account Factsheet 2014-15

Adults with a Learning Disability



Adults with a Learning Disability in Hackney

In Hackney in 2015 there were **4,549** adults with a learning disability, of which **555 receive support and care funded by the London Borough of Hackney.**

Since last year there has been an increase in the number of adults with learning disabilities making use of Direct Payments.

The London Borough of Hackney is committed to improving day services to give people with learning disability a chance to take part in a range of community activities. We are developing a new service at Oswald Street for those with complex support needs and it is expected to be operationally active in 2016.

‘Making it Real’

The London Borough of Hackney has signed up to ‘Think Local Act Personal’s’ ‘Making it Real’ programme, which works in co-production with service users and carers to improve and personalise services. The ‘Making it Real’ group of service users and carers will develop an improvement action plan which will be developed over the next year.

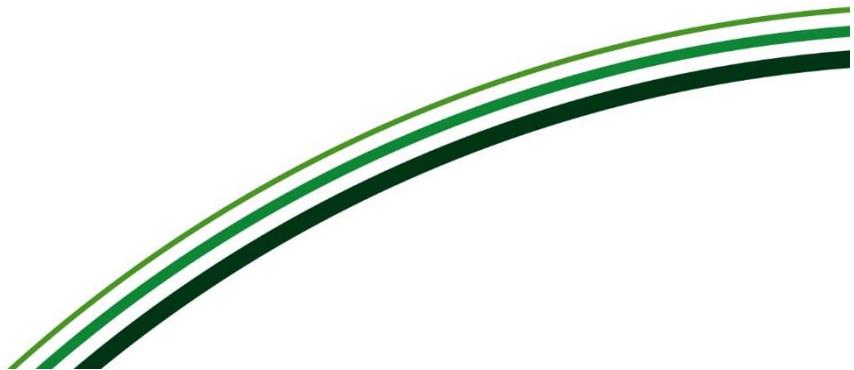
The three priorities as agreed by a group of service users and carers are:

1. Accessible information and advice
2. Flexible integrated care and support
3. Personal budgets and self-funding

The services that we provide

The Learning Disabilities Service is a joint service between the NHS City and the London Borough of Hackney.

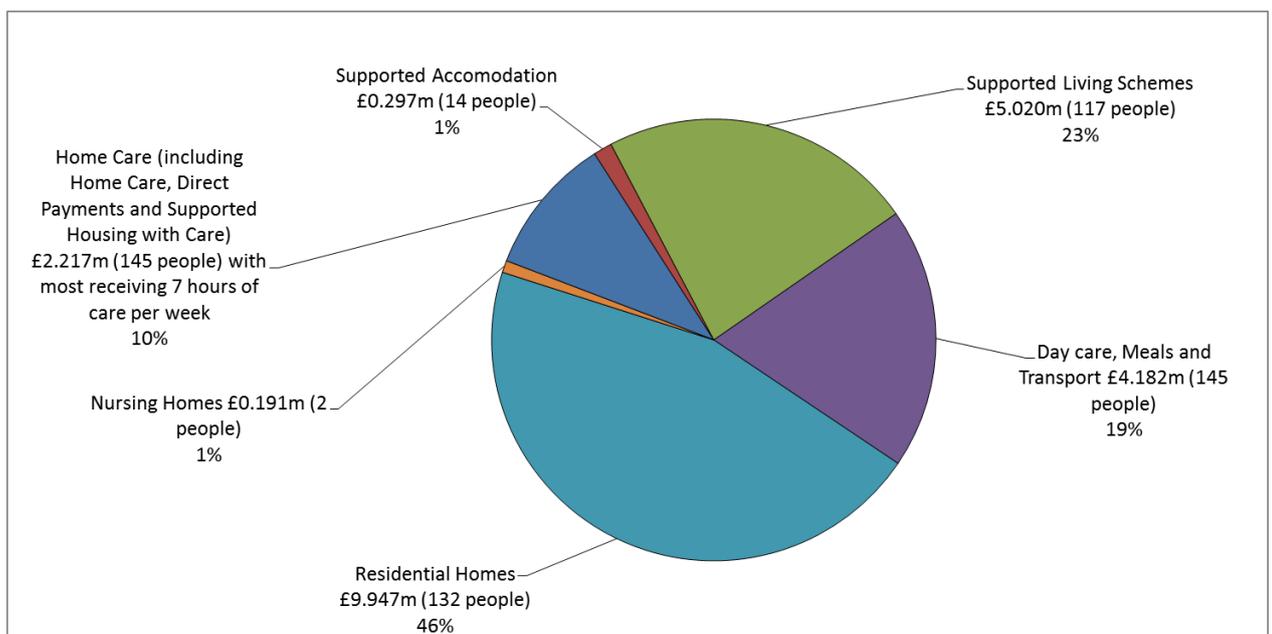
The service provides the following areas of provision and support for people who have learning disabilities:



- one point of entry to services
- specialist assessment
- intervention and support
- counselling
- assertive outreach service
- community resource service
- mobility support and advice about aids and adaptations
- support in learning new skills
- support to communicate better with others
- psychological support
- psychiatric provision
- behavioural interventions

What we spent in 2014 - 15

We spent a total of **£21.85m** on adults with learning disabilities.



Some people received more than one service and some people chose to purchase other services to meet their needs using self-directed support.

Our achievements in 2014 – 15 and our plans for 2015 – 16

The table below summarises what we achieved for adults with learning disabilities in 2014-15 and what we plan to do in 2015-16 and beyond

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Make it easier for people with learning disabilities to have their health and social care needs met 	<ul style="list-style-type: none"> ✓ Signed up to Think Local Act Personal's 'Making it Real' programme which works with service users and carers to improve personalised services ✓ Provided training to GP surgeries to improve awareness of the needs of those with a learning disability. The training was delivered by people with a learning disability and supported by staff from the Integrated Learning Disability Service. ✓ Recruited a Learning Disability Liaison Nurse to be 	<ul style="list-style-type: none"> ✓ Improve and re-launch the hospital passport which will easily identify your needs with the aim of improving your experience in hospital

	based at the Homerton Hospital	
--	--------------------------------	--

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Increase the use of direct payments by those with a learning disability 	<ul style="list-style-type: none"> ✓ Increased the number of people with learning difficulties that received direct payments from 76 in the previous year to 83 ✓ Completed a consultation with adults with learning disabilities to identify and better understand any obstacles to them receiving direct payments 	<ul style="list-style-type: none"> ✓ Use the results from the consultation exercise with adults ✓ ✓ ✓ <p>with learning disabilities to develop an action plan to address any problems and obstacles identified</p>

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Help carers of people with learning difficulties to have a break and provide support to them in their caring role 	<ul style="list-style-type: none"> ✓ Continued to promote 'Carers are the Bedrock' to ensure that carers are aware of their rights for support 	<ul style="list-style-type: none"> ✓ Focus on reaching out into the community to identify new and 'hidden' carers ✓ Consult with carers to identify gaps in local services and the effectiveness of current support, such as support groups ✓ Develop preventative services or support for carers so that

		<p>caring roles can be sustained with support</p>
--	--	---

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Ensure that people with a learning disability have more choice and control over the services they receive 	<ul style="list-style-type: none"> ✓ Extended the support planning and brokerage pilot for six months to work specifically with the Learning Disabilities Team to offer independent support planning to service users and their families 	<ul style="list-style-type: none"> ✓ Work with service users to identify what they want to achieve ✓ Support adults with a learning disability by identifying services which will help them achieve their goals

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Help people with learning disabilities become more independent ➤ Provide practical support to people to help them overcome isolation and get out and about in their community 	<ul style="list-style-type: none"> ✓ Provided travel training sessions in collaboration with Transport for London which remains a core service need for adults with a learning disability ✓ Worked with self-advocates on an ongoing basis which included mystery shopper exercises conducted by self 	<ul style="list-style-type: none"> ✓ Tell you how many people using these services reported improvements in: <ul style="list-style-type: none"> • physical and emotional health • emotional wellbeing • independence • social inclusion • self-esteem /self confidence



	<p>- advocates with the support of POWhER. POWhER is a charity and membership organisation providing information, advice, support and advocacy to people who experience disability, vulnerability, distress and social exclusion.</p> <p>✓ Worked towards ensuring that consultations on services, assessments and reviews are focused on individual outcomes</p>	<p>✓ Let you know how satisfied people are with our new services</p> <p>✓ Continue to ensure that consultations on services, assessments and reviews are focused on individual outcomes</p>
--	---	---

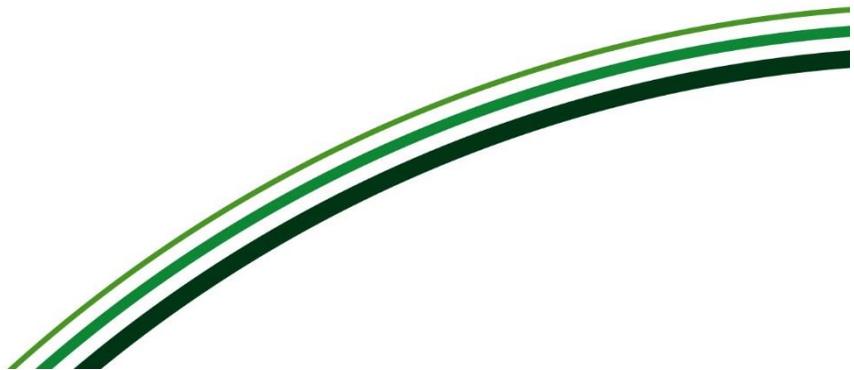


We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Increase access to self-advocacy and speak up forums 	<ul style="list-style-type: none"> ✓ Supported adults with a learning disability to speak up for themselves and give us their views with a view to improve interactions with staff ✓ Ensured that adults with a learning disability are involved in the interview and induction process for new staff members at Hackney for staff in Health and Social Care ✓ Held regular consultation forums with service users facilitated by POWhER 	<ul style="list-style-type: none"> ✓ Continue to support adults with a learning disability to speak up for themselves and give us their views ✓ Continue to develop the role of the Learning Disability Partnership Board and involve them in future planning and service developments ✓ Ensure that an adult with a learning disability will be part of the interview and induction process for new staff members at Hackney in Health and Social Care ✓ Continue to hold regular consultation forums with service users facilitated by POWhER ✓ Work with People First, POWhER and local Healthwatch to develop an 'experts by experience'



		programme to enable people to increase their skills and involvement in monitoring health and social care provision
--	--	--

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Ensure that more people are living happy and more fulfilling lives in their own home 	<ul style="list-style-type: none"> ✓ Made sure our services: <ul style="list-style-type: none"> • keep people safe and well • increase people's independence • help people get out and about in their community • give more say to people in the care they receive 	<ul style="list-style-type: none"> ✓ Continue with the support planning and brokerage service (SPBS) pilot ✓ Use the SPBS to offer a range of services and support in the community to help people maintain their ability to live independently and be an active member of their community ✓ Use the SPBS to provide information and advice for service users and their families to call for information on what is available and accessible locally



Real Life Story:

Gary is a 19 year old young man with severe learning disabilities and various other health needs including severe epilepsy. Gary experiences seizures which can be unpredictable and at times requires oxygen which he carries with him all the time, stored under his wheelchair. He has also been admitted to hospital on a number of occasions due to difficulty breathing and / or heart failure. Gary is non-verbal and so uses body language and gestures to express his needs and individuals who are familiar with Gary and his routines can sometimes interpret and understand his needs.

The Learning Disability Team began working closely with Gary when he was aged 17 in order to ensure a smooth transition from Children's to Adults' Services. At that time he lived with his mother but circumstances meant that she could no longer care for him at home.

A Care Co-ordinator worked with Gary, his mother and other professionals to develop a clear picture of his needs and to find suitable alternative long term accommodation for him. A potential place was found and a visit was arranged for Gary's mother and her partner to view the facility. Despite initial concerns, Gary's mother was very impressed with the service proposed and another visit was arranged a week later which included Gary and other family members including his grandmother. It was clear that Gary liked the new place and a weekend break was arranged at the service which went very well. A few more day visits were arranged and Gary's mother was quickly certain that she wanted him to live there as she could see how happy he was whenever he visited.

The decision was made for Gary to move in permanently and he helped to choose his own room and his mother started to prepare him for this new chapter in his life.

Gary has been living in his new home for a year now. He has settled in well, is very happy and keeping physically well. He is attending college in his local community three days a week and attends other activities e.g. hydrotherapy, physiotherapy and gym the other days.

Gary is in regular contact with his mother, she visits him and has overnight stays whenever she wants in the visitor's facilities provided by the organisation free of charge. Gary is also able to have visits to his mum and his grandmother.

Contact us

To contact Adult Social Care to get help or find out more about the services available:

Visit: www.hackney.gov.uk/learning-disabilities-service.htm

Write to:

Information and Assessment

Hackney Service Centre
1 Hillman Street
E8 1DY

Telephone: 020 8356 6262

Email: access@hackney.gov.uk

Other useful links

Hackney iCare – A resource that provides information and advice about the existing adult social care, health and cultural and wellbeing services across the borough that are provided by statutory, voluntary and private sector providers.

www.hackneyicare.org

POhWER Hackney - A charity and membership organisation providing information, advice, support and advocacy to people who experience disability, vulnerability, distress and social exclusion.

www.pohwer.net/in-your-area/where-you-live/hackney

Telephone: 0300 456 2370

Hackney People First - A user-led Self Advocacy organisation that is run by, and for, adults with a learning disability in Hackney to raise awareness and campaign for the rights of people with a learning disability to get what they are entitled to. www.hackneypeoplefirst.com

Tel: 020 7812 9339

Decorative graphic element consisting of three curved, parallel lines in shades of green, starting from the bottom left and curving towards the bottom right.

Targeted Preventative Services (TPS) - TPS is a new way of meeting the needs of adults in Hackney before they may require a full social care package. It has three elements: Floating support, health & wellbeing activities and a volunteer & befriending Service.

<http://www.outward.org.uk/ourcharity9.php>

Email: hackneytpsreferrals@outward.org.uk

Telephone: 0207 249 9004

If you would like to receive a printed copy of a fact sheet or one in another language or alternative format, please call 020 8356 6982.

