

Local Account Factsheet 2014-15

People Affected by Drug and Alcohol Misuse



Problem Drink and Drug use in Hackney

The London Borough of Hackney worked with 2,172 people with substance misuse problems last year including 1,556 people with drug issues and 616 people with alcohol problems.

The London Borough of Hackney Substance Misuse team manage the treatment care packages for 86 Hackney Residents (62 Males, 24 females) who required medical inpatient drug and or alcohol detoxification and/or rehabilitative treatment in 2014-15.

The services that we provide

Between 2013/14 and 2014/15 the total number of Hackney residents in treatment (in-patient and in the community) for heroin misuse increased by 5% compared with a 2% fall nationally. The reasons for this are:

- Hackney is a diverse urban borough with high levels of social deprivation
- The level of complexity of our substance misuse population is higher than the rest of the country and therefore it is not surprising that the patterns of drug use do not reflect the national picture
- Our drug and alcohol services have been committed to proactive and co-ordinated outreach with difficult to engage substance misuse clients, particularly the street-based population, which may have resulted in more heroin (opiate) clients being successfully brought into treatment

Figures according to National Drug Treatment Monitoring System (NDTMS):

In treatment – Hackney 2014/15 Drugs – 1228 Heroin + 328 non-opiate (2013/14: 1174 + 337)	DOMES Q4 2014/15 table 1.2
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Alcohol – 498 (2013/14: 439) Alcohol and non-opiate – 118 (2013/14: 147) <i>Alcohol figure above uses “alcohol” plus “alcohol and non-opiate”</i>	Adult Activity Report (partnership) Q4
In treatment – England 2014/15 Drugs – 151,112 opiate + 25,354 non-opiate (2013/14: 153,836 + 25,820) Alcohol – 86,757 (2013/14: 87,943) Alcohol and non-opiate – 28,838 (2013/14: 29,895)	Adult Activity Report (partnership) Q4

Both locally and nationally there was a 2% fall in the number in treatment for non-opiate drug use (including crack cocaine). Drug use remains high among homeless people and sex workers. We are seeing increasing numbers of people misusing cannabis, ketamine and GHB.

People in treatment use fewer illegal drugs, commit less crime, improve their health and manage their lives better. Keeping people in treatment long enough for them to benefit contributes to better outcomes for the person and the wider community.

New Service for 2015-16

The Integrated Substance Misuse Service

The Hackney Integrated Substance Misuse Service (ISMS) will bring together all of the borough’s drug and alcohol interventions into one cohesive treatment service that will support Hackney residents who misuse drugs or alcohol to reduce or stop misusing substances, and take positive next steps after recovery. The ISMS will reach out into the heart of the community and provide lots of opportunities to access the service across the borough including satellites in GPs, services in pharmacies, outreach in sexual health clinics and homelessness services.

A treatment centre, run by Westminster Drug Project, will provide community-based services to support people with drug or alcohol problems. Support will be tailored to the need of the individual, and will include key working, Cognitive Behavioural Therapy (CBT) and counselling, to address substance misuse, mental health and other issues. The provider will work




closely with criminal justice organisations and other partners to ensure the client is receiving appropriate support from other services in the borough.

A clinical hub provided by Central North-West London NHS Foundation Trust will run alongside the treatment centre and will support service users with moderate to high levels of substance misuse requiring specialist clinical interventions. This will include substitute prescribing where appropriate, Harm Reduction and Needle Exchange services as well as testing for blood borne viruses and treatment for health conditions that are linked to substance misuse.

The ISMS will be focused on supporting people who misuse substances to recover and reintegrate with their families and community, with support such as 1-2-1 and group work, services for families and carers, programmes such as Alcoholics and Narcotics Anonymous and peer mentoring. The recovery hub will offer a varied menu of opportunities for development and recovery including a mind, body and spirit curriculum, education, training and employment support and accredited vocational training.

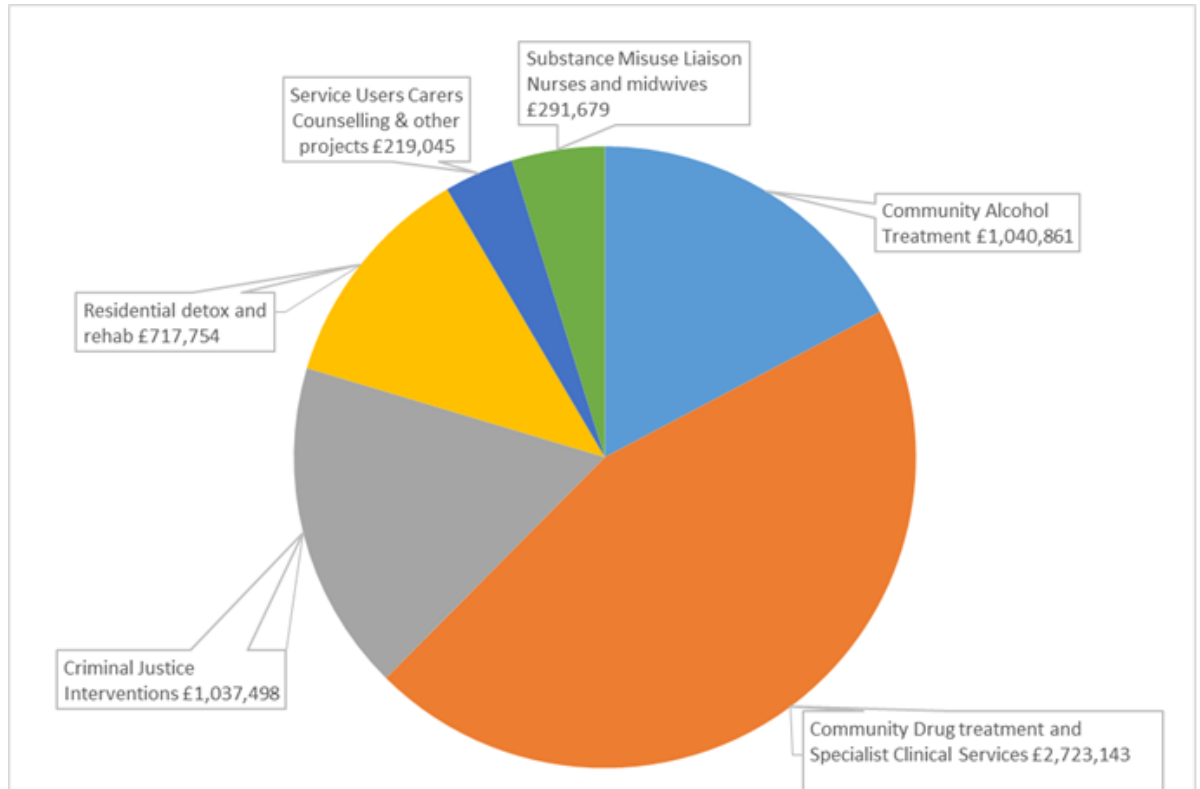
What we spent in 2014 – 15

Hackney's Drug and Alcohol Action Team (DAAT) is funded by

- Public Health at the London Borough of Hackney
 - Mayor's Office for Policing and Crime (Mayor of London)
 - Mainstream funding from the London Borough of Hackney for the Substance Misuse Team and for residential rehabilitation placements
 - Community Drug Treatment and Specialist Clinical Services were
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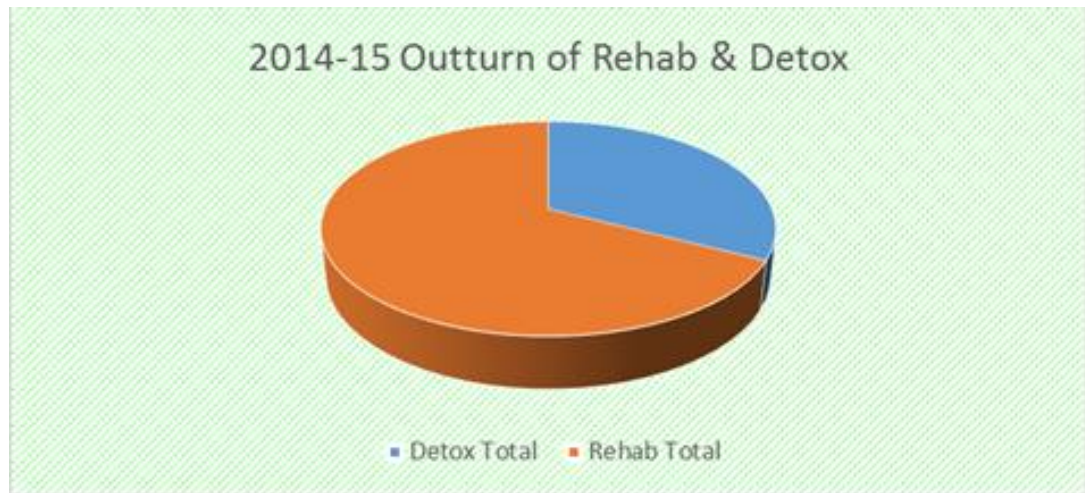
combined in 2014/15

We spent a total of **£6,029,980m on adults** with substance misuse needs



Care managed Inpatient Detoxification & Rehabilitation Expenditure:





Detox Total	237,030.77
Rehab Total	490,878.78
TOTAL	727,909.55
Total Number receiving funded treatment	86



Our achievements in 2014 – 15 and our plans for 2015 – 16

Below we have summarised what we achieved for people with substance misuse needs in 2014-15 and what we plan to do in 2015-16 and beyond

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ✓ Fund the Specialist Addictions Midwife service at the Homerton Hospital 	<ul style="list-style-type: none"> ✓ We funded the Specialist Addictions Midwife service at the Homerton Hospital. The team received 262 referrals and assessed 30 women 	<ul style="list-style-type: none"> ✓ Public Health will continue to support this service and to ensure that the team is integrated both with services for 0- 5 year old children and substance misuse services

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ✓ To reduce the number of alcohol related frequent attendees in A& E and other wards at the Homerton Hospital 	<ul style="list-style-type: none"> ✓ The Substance Misuse Liaison Team saw an average of 75 clients per month in A&E and other wards at the Homerton ✓ The team worked to reduce the number of alcohol related Frequent Attendees from 19 clients presenting a total of 78 times to 	<ul style="list-style-type: none"> ✓ This service will become part of the Clinical Hub within the Integrated Substance Misuse Service



	12 clients presenting a total of 55 times	
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We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ✓ Deliver a wide range of services through The Community Drug Service 	<ul style="list-style-type: none"> ✓ Just under 500 new clients engaged in treatment with the Community Drug Service, with 97% of them completing their treatment or staying in treatment for at least 12 weeks ✓ 181 clients successfully completed treatment with the service, compared to 145 in 13/14 ✓ The Community Drug Service delivered a wide range of structured programmes and groups, including Mutual Aid groups like AA and an LGBT outreach service called Afterparty 	<ul style="list-style-type: none"> ✓ We will work with partners to manage the transition from the current system to the ISMS making sure that the needs of clients are considered at every stage and minimising any disruption to service delivery



We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Provide a range of services through The Alcohol Recovery Centre (ARC) 	<ul style="list-style-type: none"> ✓ The Alcohol Recovery Centre saw 327 new clients in 2014/15 and 77% of them either completed or remained in treatment for 12 weeks ✓ 144 people successfully completed treatment, which is one more than the previous year ✓ The ARC provided a structured day programme, an abstinence group, a reduced drinking group and clinics at GP surgeries ✓ Outreach workers engaged more than 80 new clients who were drinking on the street and referred them to services 	<ul style="list-style-type: none"> ✓ In the new Integrated Substance Misuse Service, alcohol and drug treatment will be provided by one holistic treatment system ✓ Public Health will be working with other teams in LBH, statutory agencies and the voluntary sector to develop ways to reduce harmful drinking across the borough



We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Continue to provide the borough's criminal justice drug and alcohol service 	<ul style="list-style-type: none"> ✓ The borough's criminal justice drug and alcohol service doubled the number of clients who successfully completed treatment since last year ✓ The service worked with clients to complete 64 drug and alcohol rehabilitation orders 	<ul style="list-style-type: none"> ✓ Continue to work with criminal justice and community safety partners to ensure that tackling the link between substance misuse and offending is an integrated part of the borough's response to crime and anti-social behaviour

We said we would:	What we did:	What we will do:
<ul style="list-style-type: none"> ➤ Look at designing a new Integrated Substance Misuse Service 	<ul style="list-style-type: none"> ✓ Published an in-depth substance misuse needs assessment that provided an up to date picture of drug and alcohol misuse in Hackney, which has informed the design of a new Integrated Substance Misuse Service and an enhanced service for young people ✓ As a result of a robust competitive tender process, we have commissioned WDP to manage a newly designed Integrated Substance Misuse Service 	<ul style="list-style-type: none"> ✓ By the end of 2015/16 the new Integrated Substance Misuse Service will be fully operational, providing a range of effective treatment options, clinical services and recovery focused opportunities ✓ We will redesign the Young People's Substance Misuse Service, with a greater focus on prevention and a wider client base that will cater to young people up to their 25th birthday




Real Life Story

Mr HT was referred to the Substance Misuse Team by the local Community Alcohol Services (CAS). He is 52 years old with a history of alcohol dependency. He started drinking in his early 20s but in the last few years his drinking has increased and he was drinking up to three quarters of a bottle of Vodka a day. His key worker from CAS reported that, due to his increased drinking and deteriorating behaviour, Mr HT could no longer engage in the community or undertake a community detox, so a substance misuse assessment was carried out to access funding for an in-patient detox and residential rehabilitation programme.

Mr HT has been diagnosed with fatty liver and has abdominal pain due to his liver being swollen. In addition he had other symptoms of withdrawal such as fatigue, nausea, vomiting and diarrhoea.

He reported that he is suffered from depression, and says he has suffered with this for many years. His low periods have increased and he became more vulnerable and impulsive in his behaviour. He was socially isolated having recently separated from his partner of seven years.

A care plan was put in place allowing Mr HT to attend an in-patient detox and structured residential rehabilitation programme. This enabled him to identify the underlying issues of alcohol dependency, address his depression, develop new alcohol free support networks, develop a sober lifestyle and learn how to cope with stress and anxiety. Following his residential detox, Mr HT decided to relocate in order to build a new life in the community, and is involved in adult education courses. Mr HT now lives in an alcohol free housing scheme and has successfully maintained his sobriety, attends AA meetings and is continuing to integrate back into society. He has shown his appreciation of the services and support he received by sending flowers to staff and has personally expressed his thanks to all the team for the support and services he has received.

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Contact us

To contact Adult Social Care to get help or find out more about the services available:

Visit: <http://hackney.gov.uk/substance-misuse>

Visit: <http://www.wdp.org.uk/find-us/london/hackney-0>

Write to:

Hackney Recovery Service

Unit 13 Tudor Grove

Hackney

E9 7QL

Telephone: 0300 303 2611

Telephone 2: 0808 168 8669 (out of hours)


Email: hackney@wdp.org.uk

Other useful links

Hackney iCare – A resource that provides information and advice about the existing adult social care, health and cultural and wellbeing services across the borough that are provided by statutory, voluntary and private sector providers.

www.hackneyicare.org

Hackney Recovery Service - You can call the Hackney recovery service, free of charge on the numbers listed above for advice on treatment or enquiries about drugs or alcohol. The Hackney recovery service has a drop in service at the address above, where you can see someone without an appointment. The recovery focused service also provides support to carers and families, women-only services, education and training, benefits advice and re-integration activities.

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<http://www.wdp.org.uk/find-us/london/hackney-0>

Hackney DAAT - At Hackney DAAT (Drug and Alcohol Abuse Team) a belief of clear, concise advice and information is critical in helping those affected by drug use, gain confidence and addressing the key issues they face. A range of useful resources for carers, young people, professionals and community members. You can also access local, national and international drug and alcohol data to further your understanding of current trends. www.hackneydaat.org.uk

Hackney Lifeline project – Provides a diverse range of services in relation to drug and alcohol misuse.

www.lifelineprojecthackney.com

If you would like to receive a printed copy of a fact sheet or one in another language or alternative format, please call 020 8356 6982

